

Physical Performance Placement

Overview

Boreham Wood FC are an ambitious, community-focused professional football club who currently play in the Vanarama National League South.

We have exciting physical performance placements to work within our first team and academy departments for the 2025-26 season.

The role will be based at the club's Meadow Park stadium, so the successful candidates will be expected to live within a reasonable commute from the stadium.

Employment

Job title	Physical Performance Placement
Type	Placement, 2025-26 season
Salary	Unpaid
Report to	First Team Manager, Academy Manager & Lead Physical Performance Coach
Key relationships	First Team Assistant Manager, First Team Coaches, Club Therapists, Academy Coaches, other first team and academy support staff

Roles and responsibilities

- Assist with the delivery of first team and academy gym and field-based sessions
- Assist with the day-to-day administration and analysis of the GPS data
- Assist with player monitoring strategies
- Assist with physical preparations for both training and match days
- Assist with the delivery and analysis of squad screening and testing
- Assist with the delivery of return to play conditioning programmes
- Assist with the delivery of academy sports science curriculum
- Other tasks as required

These roles/responsibilities are not intended to be exclusive or exhaustive. It is intended as an outline indication of the areas of activity and can be amended from time-to-time in consultation with senior management in respect of any changing business needs.

Qualifications/Experience

Essential

- Working towards an undergraduate degree in Sport & Exercise Science or similar
- Must be reliable and organised
- Must be able to communicate effectively with senior management, colleagues and players

- Must have an open-minded and flexible work ethic

Desirable

- Previous experience of either working or playing within a professional sports environment
- Full UK Driver's License.

How to apply

If you would like to apply for the position, please email your current CV to the following contacts at the club stating '**Physical Performance Placement at Boreham Wood FC**' in the subject line.

Brandon Bevans

Lead Physical Performance Coach

bbevans@borehamwoodfootballclub.co.uk

Please ensure you cc: careers@borehamwoodfootballclub.co.uk

The closing date for applications is Sunday 16 March 2025.